

# \$100 Giveaway

## What is the contest?

Join us as we #FlossForKids during  
National Children's Dental Health Month!

### How do I enter?

Entering is easy! Just follow three simple steps to enter for your chance to win one of 12 \$100 Amazon gift cards:

- 1 Grab your friends and family members and take a video of you doing the floss dance!
- 2 Post your video to Facebook, using the hashtag #FlossForKids.
- 3 Tag @TheMightyMouth and @SmileSpokane in your post, and your entry is done!

*For more information, review our Rules and Regulations at [themightymouth.org/flossdance](http://themightymouth.org/flossdance)*

### Why does children's oral health matter?

- Tooth decay is the single most common chronic childhood disease - yet it is totally preventable!
- Painful cavities make it hard for your child to eat, sleep, talk and learn
- Cavity-free kids are more likely to have healthy mouths for life!

