

# FLOSSING:

It's the new yoga.



**THE**  
**MIGHTY**  
**MOU**  **TH**<sup>™</sup>

Unleash the Power of Oral Health

Flossing and brushing gets your whole body healthier. It makes your breath fresh, helps prevent infections and keeps you looking younger. You're more fit when your mouth is fit.

**TheMightyMouth.org**